



About Us

Tennis Academy of the South (TAS) is **one of the oldest and most renowned** tennis training programs in the South as well as the U.S.!

TAS Youth Tennis is "right sized" tennis for **kids 5 to 10**. This program allows young players to practice real tennis at their level, focusing on recreational and beginner to intermediate skills in a fun and supportive setting.



More Information



sandyspringstennis.com



(678) 224-8810



sstc.registrar@gmail.com

Register below



Tennis Academy of the South is a registered provider of USTA's new Net Generation. We teach "right sized tennis" for kids of all ages.

Follow us on social media



[@SandySpringsRacquetCenter](https://www.instagram.com/SandySpringsRacquetCenter)

[@TennisAcademyoftheSouth](https://www.instagram.com/TennisAcademyoftheSouth)

The Sandy Springs Racquet Center is a facility of the City of Sandy Springs managed under contract by Groslimond Tennis Services, Inc.



Tennis Academy of the South

2025-2026
Youth Tennis

Ages 5-10



Sandy Springs Racquet Center
500 Abernathy Rd NE Atlanta, GA 30328

10 & Under Tennis: Ages 5-6

Dive into the world of tennis with the USTA's Net Generation program! With special equipment and activities perfectly tailored to their age group they'll master tennis basics like:

- Balance, movement and coordination
- Throwing with rotation, catching and hitting, sending and receiving
- Racquet and ball control, ball tracking
- Team work and cooperation



**2 Days
a week**



10 & Under Tennis: Ages 7-8

USTA's Net Generation program offers tennis for 7-8 year-olds, focusing on improving coordination and athleticism through visual, audio, and kinesthetic methods. Activities include drills, team building, and games to enhance skills like:

- Balance, stroke production and footwork
- Ball control and tracking
- Hitting through the ball with rotation
- Rally skills and team work

10 & Under Tennis: Ages 9-10

For children aged 9 to 10, USTA's Net Generation program leverages their enhanced concentration, focus, physical abilities, coordination, and stamina. Through drills, team activities, and gameplay, they enhance:

- Agility and movement skills
- Ball approach, rotation, and follow-through techniques
- Decision-making and strategic thinking
- Stroke execution and footwork efficiency

Schedule

- **Session 1:** Aug 11 – Oct 9, 2025
- **Session 2:** Oct 13 – Dec 18, 2025
- **Session 3:** Jan 12 – Mar 12, 2026
- **Session 4:** Mar 16 – May 21, 2026

Day/Time Options:

- Mon/Wed **OR** Tues/Thurs
- 3:30-5 pm **OR** 5-6:30 pm



Register

- **Session Fee: \$575**
- **Visit:**
leagues.bluesombrero.com/s/andyspringstennis
- Click **Register** to create an account.
- **Enter** your contact info and register for TAS Youth Tennis!!

